

HOTHAT®

Support to daily life of the person
with challenging behaviour

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Eteva: Functions and Services

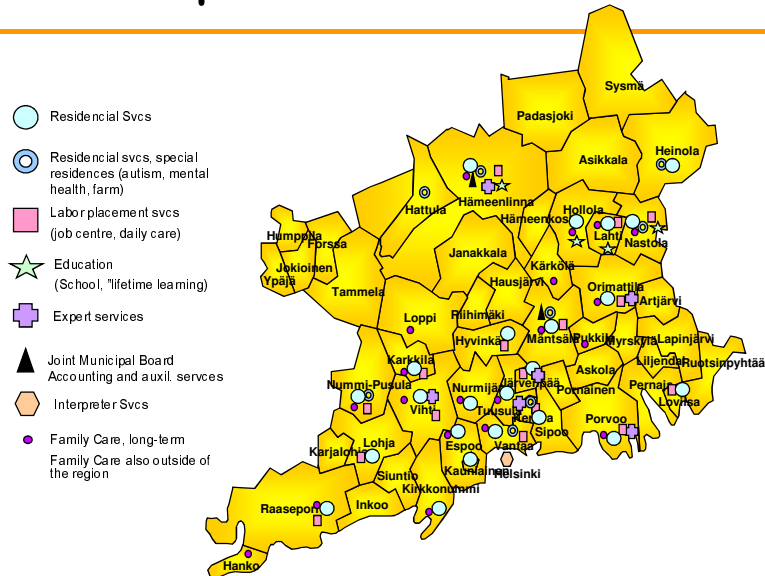
- **Handicap Services:**
 - Residential Services: 895 residents in 129 addresses
 - Family Care: 180 regular service users,
approx. 300 Family Care Agreements
 - Labour and Daily Activities: 22 locations, 872 participants in labour and daily activities, additionally supported employment
 - Special Services: 58 Experts in various sectors
Family Service Centre in Järvenpää (Järvenpään Perhepalvelukeskus), two Hothat support centres
- **Interpreter Services**
- **Special Education**
 - 2 schools and 41 pupil placements

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Eteva – operational locations



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What is the HOTHAT® Service?

HOTHAT Service Model consists of units based on small groups in intensive care (**Hothat Support Centres**)

- **mobile expert/specialist service,**
- **Hothat networking units,**
- **and the supporting and maintaining of education and research activities**

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Clients

HOTHAT Services are aimed to people with severe learning disability or equivalent and who require:

- diagnostic and/or crisis help,
- rehabilitation sessions,
- long-term rehab living due to challenging behaviour or mental health disorders

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On the background of a client with challenging behaviour are...

- Mental Health Problems,
- Variety of special characteristics of autism,
- ADHD and other neuro/psychiatric disorders, etc.

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But very often there are...

- Missing agreed plan and analysis on client in close social network,
- Close social network operation is not sufficiently supported by expert/specialists.

Behind violent and/or challenging behaviour always lies some reason!

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HOTHAT Support Centre (1)

- **is a resource centre of its own region, as well as a support point for mobile experts/specialists**
 - At this point, in Hämeenlinna, Lammi and Kerava
 - Year 2010 Hämeenlinna, 2011 Lahti

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HOTHAT Support Centre (2)

- **Assessment or Crisis Periods**

- 2-6 weeks period at Hothat Centre when needed, including planned assessments and experimental treatments,
- Before and after as well as during the period visits to client's close social network, including meetings with the client and his/her nearest ones,
- The purpose of the period is to evaluate the need of treatment and rehab, as well as to find useful methods to ease the daily life and interaction between the client and the close social network.

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HOTHAT Support Centre (3)

- **Rehab Periods**

- Approx. 2 mths.- 2 yrs. (or possibly longer) rehab period for the clients who need intense and strongly supported rehab after an Assessment or a crisis period.
- Aim is to move to the area of the client's former residence, social network unit or any other suitable live-in accommodation.

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HOTHAT Social Network Units

- Special units of residences (autism, mental health, etc.)
- Create specialised residential services for demanding clients, on long or short term basis,
- Act maintaining and consulting the special sector professionalism,
- Are according Hothat activities and quality system,
- At the moment, 10 units in the Eteva region.

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HOTHAT Experts

- Doctors, psychologists, social workers, therapists and special nurses/instructors
- "Knitting" the expertise into system - multi-disciplinary support teams
- Mobility of the expert/specialist service in close social network (home, residence, daycare/school/day and labour activities, hobbies)

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Specialisation

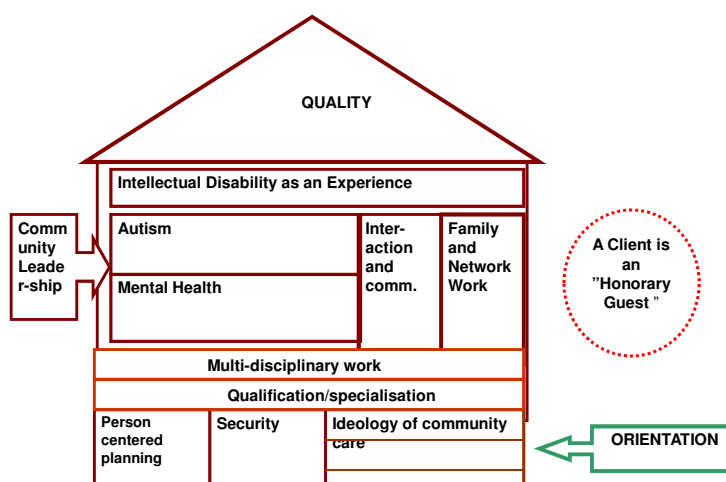
- HOTHAT Specialisation Training is divided into **nurse-guide, guide of special theme, specialist and educator levels**.
- Specialisation Training is based on a personal curriculum/plan, which includes training sessions, distance and work place learning instructed by tutors and the unit.
- Good management skills and social aspects are observed in the content of the training. They form the basis for a functioning HOTHAT unit and networking.

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Hothat Competences (Hothat House)



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